



TIPS FOR SOLO TRAVELERS



Traveling solo is a wonderful way to see the world. You will get an incredible opportunity to push yourself beyond your comfort zone, travel with freedom and flexibility, and visit sites you are truly interested in. There will be no need to compromise on destinations you want to explore as you will be in complete control of your journey! This is also a great way to learn more about yourself and embark on a journey of growth and self-reflection or broaden your horizons and connect with new people from all around the world. What more could you ask for?

With this Indus Travels Guide, you will discover our top tips for solo travelers so you can feel safe and comfortable exploring new destinations on your own. Learn how to choose the right destination for your trip and find out how you can get ready for your vacation!

Index

- 1 Visualize the Trip of Your Dreams
- 2 Select Your Travel Style
- 3 Avoid Fees For Single Supplements
- 4 Personalize Your Trip
- 5 Purchase Travel Insurance
- 6 Get to Know Your Destination
- 7 Pack Smart, Not Light
- 8 Learn A Bit of the Local Language
- 9 Determine Your Budget
- 10 Learn to Be Comfortable Being Alone
- 11 Travel With Peace of Mind
- 12 Have the Right Mindset
- 13 Be Open to Meeting New People
- 14 Step Outside Your Comfort Zone
- 15 Develop a Curious Mindset
- 16 Travel Solo, But Not Alone
- 17 Travel Smart and Stay Safe





Visualize the Trip You Want to Decide on Your Destination

Perhaps the toughest question to answer when planning your trip is where should you go? First, it is important to take the time to visualize what kind of trip you want. Are you looking for an active adventure that involves trekking and hiking? Or are you searching for more of a relaxing beach getaway? Maybe you are thinking to explore the core of European capitals or head on a spiritual journey through Asia. The perfect trip will be vast and varied and depend entirely on your travel needs and preferences!

Choose the Travel Style of Your Preference

Whether you want to head on a self-drive or kick back in a group and meet new people — we've got you covered! There are plenty of travel styles to choose from when you plan your trip with a Tour Operator, and there are many benefits you will experience. When you book your tour with Indus Travels, you will also gain access to incredible prices, be able to choose between flexible departure dates, and take away a lot of the stress of traveling as everything will already be planned out for you.



Avoid Fees For Single Supplements

When you are traveling on your own you might want to experience the comfort and freedom of staying in your own room. But how can you do this without breaking the bank? Many companies will pair you up with strangers or skyrocket prices for individual rooms. However, when you book your Solo Tour with a Tour Operator that does not charge fees for single supplements, you can get the best of both worlds and make you and your bank account happy! With Indus Travels Solo Tours, you can enjoy staying in your own private room without paying any single supplement so you can travel in comfort and style!





Personalize Your Trip

When you book your tour with Indus Travels you will get the opportunity to personalize your trip. Choose from hundreds of optional excursions that suit your interests and fill your trip with activities that you love! You may also get the option to extend your tour by multiple days or upgrade your accommodation according to your budget and preferences, so you can make your trip your own as much as you can!

Purchase Travel Insurance

Travel insurance will give you medical coverage and local health benefits in the country you are visiting. Even if everything goes perfectly smooth during your trip and you don't end up using it, you will feel so much safer and more comfortable knowing the support will be there if anything were to go wrong. It is always better to be safe than sorry — and buying travel insurance will put you more at ease and give you peace of mind throughout your trip!



Get to Know Your Destination

It can be extremely helpful to start researching your destination before you travel. Find out information about the city you are traveling to along with the area you will be staying in, so you can discover which stores and restaurants will be close by, get to know your way around the neighborhood, and familiarize yourself with attractions you want to see. Your journey will go smoother if you come prepared with ideas — and it will be a fascinating experience to see them come to life!



Pack Smart, Not Light!

When you are traveling on your own you will want to make sure you have everything you need already packed with you, including different types of clothing according to the local weather conditions, necessary travel documents, and portable forms of entertainment. You might want to bring a book, pack your headphones, and carry a journal or camera to document your trips for when you are traveling by bus or plane! Bringing along a backpack or fanny pack will also come in handy so you can organize your belongings and have everything you need packed with you on the go for day trips and active tours. And it can never hurt to bring a first aid kit just in case!

Learn a Few Words in the Local Language

When you are traveling to a foreign country, there is a high chance you won't know the local language — and that's ok! But it can be incredibly helpful to learn a few words to help you get around. Standard greetings and simple banter can take you much further when communicating with locals; even knowing how to ask for directions or order food will come in handy! The locals will also appreciate your willingness to study their language and learn about their culture.



Determine Your Budget Ahead of Time



Now that you have booked your tour with Indus Travels, you will have skipped the fees for single supplements, and you will be ready to travel. Now you need to make your money account! There is nothing worse than being halfway through your trip and realizing you have spent too much. To avoid issues with spending, we highly recommend creating a budget before you leave and staying conscious of your finances throughout your journey. Factor in the additional expenses you will be paying, such as meals and tips, local transportation, and any extra fees that will not be included in your travel package.



Learn to Be Comfortable With Doing Things Alone

Speaking of becoming more independent and self-reliant, a Solo Tour is the perfect way to push yourself beyond your comfort zone and embark on a journey of self-growth. But it might be a good idea to practice doing smaller activities on your own before you challenge yourself to that extent. Build up your tolerance and excitement for your Solo Trip by taking yourself out to eat, exploring new areas in your city on your own, or figuring out new routes by yourself!

Travel With Peace of Mind

When you book a Solo Tour with a trustworthy Tour Operator, you can travel with peace of mind. The Indus Travel Experts will always be ready and willing to help you before, during, and after your trip, to make sure everything runs smoothly and to answer any questions or concerns that might come up. You will benefit from the full support of a professional travel team and our incredible connections in partnered countries. Indus also offers a [Safe Travels Assurance](#) policy so you can feel safe and secure with risk-free bookings that may be changed or canceled up to 60 days before your departure date*!

*Changes may apply



Come Prepared With the Right Mindset

Traveling on your own can be an incredibly liberating experience. You will experience a certain type of freedom that can only come from scheduling your own activities and paying attention to your travel wants and needs. However, do be prepared because this experience might bring up different types of emotions — especially if you are running late or unsure of where to go. But fret not! Any hurdles that come up will be temporary and these experiences will all be a part of the growth process. As you deal with different situations that may come up on your own, you will become more independent and trust in your ability to handle any type of situation that arises. And if anything were to go wrong, you will always have the help and support of your trusty Travel Experts when you book your trip with Indus Travels!





Be Open to Meeting New People

Traveling on your own can be an incredible way to make new connections with other travelers and get to know the locals at a destination. When you are open and willing to meet new people, you will have a greater chance of forming new connections and bonds that will last you a long time — so make sure you travel with an open mind and a friendly demeanour! You might make new travel buddies for life or discover different ways of living that will open your mind and broaden your horizons.

Be Willing to Step Outside Your Comfort Zone

Even when you are traveling with a set itinerary in mind, you can never be completely certain about how your trip will go. There may be times where you will be running behind schedule or opportunities for free time might come up. Going in with the mindset of being ready to adapt to different situations that arise will help make your trip run smoother! This will also help you learn about the local culture and experience the traditional ways of living in your destination — and you never know what surprises you might come across!



Develop a Curious Mindset and Be Willing to Try the Unknown

Step into your journey with a curious mindset and be willing to try the unknown! This perspective will open you up to so many incredible experiences that may come your way and help you immerse yourself in the culture of the destination you are visiting. Be willing to taste the local food, shop at local stores, go to local events, and try the local ways of transit! These small experiences will certainly add up and take your trip to the next level.



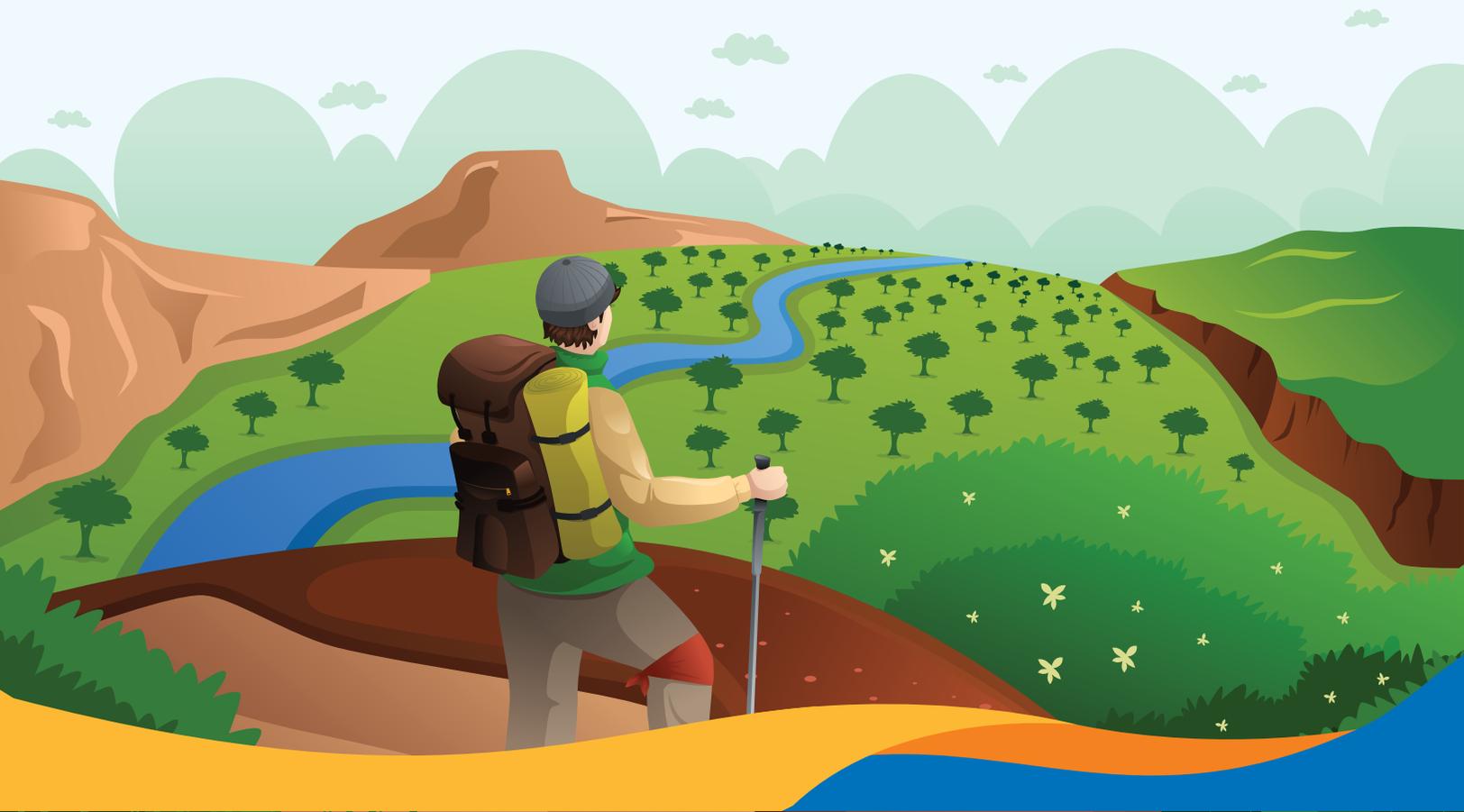


Travel Solo — But Not Alone

If you want to experience the freedom and flexibility of Solo Travel but you are worried about dealing with difficult situations on your own — fret not! One of the most incredible benefits of booking your trip with a Tour Operator is having the comfort and security of a team of Travel Experts by your side. With Indus Travels, you will always have trusty professionals you can reach out to who will be ready and willing to help you — with incredible connections in the country you are traveling to. You will never feel alone knowing you can always reach out to the experts for help or guidance!

Travel Smart and Stay Safe!

When it comes to traveling on your own, there are plenty of safety precautions you can take to increase your safety and comfort. You can do your research ahead of time to figure out which neighborhoods are safe and which ones are better to avoid, search for busy areas to explore at night as opposed to isolated streets, find out if any crimes or thefts are prevalent in the area, and search for possible travel advisories before your trip. Make sure your phone stays charged throughout your trip and carry it with you in case you need to reach out to the [Travel Experts!](#)



SEE ALL OUR SOLO TOURS

Pay no additional fees for single supplements and secure a private room for yourself!

